

TILAK MAHARSHTRA VIDYAPEETH
INDUTAI TILAK COLLEGE OF PHYSIOTHERAPY

Name of the Event: World Mental Health Awareness Day – 2022

Date and duration of the Event: 10th October 2022

Time : 2 pm – 4 pm (2 hours)

Location : TMV's Indutai Tilak College Of Physiotherapy, Pune

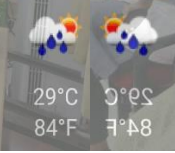
Name of the Faculty: Dr. Manali Kulkarni (PT)

On 10th October 2022, world mental health day was grandly celebrated by the CBR department of TMV'S Indutai Tilak College of Physiotherapy, Pune. The day was marked by a talk given by Mrs. Rutuja Musale and Mrs.Mrunal Mapuskar, clinical psychologists by profession. The lecture was inaugurated with a floral welcome of Mrs Rutuja Musale and Mrs. Mrunal Mapuskar followed by a brief introduction of the clinical psychologists by Dr. Manali Kulkarni (Pt). The talk consisted of a complete insight of the mental issues covering anxiety, depression and stress prevalence in students in puberty. The students were made aware of the hidden mental health problems faced by their age group and the stigma surrounding it. They were encouraged to seek out medical help whenever required. The talk lasted for 2 hours, followed by a brief interaction of the psychologists with the students only.

Overall, the lecture was well received by the students and were enthralled to be a part of the discussion.



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2022-10-10(Mon) 02:15(PM)



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